Contents

1 Problems Caused by Contact Lenses 1

Overview 2
Materials and Manufacture 3
Fitting Technique 3
Contraindications 4
Hygiene 4
Loss of Contact Lenses 4
Ocular Trauma 5
Maximum Wearing Time 5
Patients with Systemic Diseases 5
Patients at High Risk of Complications 6
Psychological Factors 6
Summary: The Risk of Injury 6

2 Patient Counseling and Examination 7

Patient Counseling 8
History Taking 9
Examination 10
General 10
Lid 10
Conjunctiva 11
Cornea 14
Inner Eye 21
Intraocular Pressure 21
Refractive Error and Visual Acuity 21
Binocular Vision 21
Inspection of Contact Lenses 21
Inspection of Contact Lens Cases 22
Documentation of Findings 23
Follow-up 24

3 Pathologic Findings 25

Lid 26
Anatomy and Physiology 26
Increased Lid Tension and Blepharospasm 26
Ptosis 27
Lid Swelling and Edema 27
Infectious Blepharitis, Squamous Blepharitis, Ulceration 29
Lid Injury 34
Conjunctiva 35
Anatomy and Physiology 35
Tarsal Conjunctiva 35
Follicular Swelling, Papillary Hypertrophy, Giant Papillary Conjunctivitis 35
Bulbar Conjunctiva 40
Conjunctival Edema and Acute Chemosis 40
Subconjunctival Hemorrhage 42
Focal Conjunctival Hyperemia 52
Sclera 58
Anatomy and Physiology 58
Pathology 58
Vasodilatation and Inflammation 58
Injury and Hemorrhage 58
Cornea 59
Anatomy and Physiology 59
Epithelial Changes 59
Edema and Staining 60
Stippling 60
Streaks and Spiral Traces 62
Indentations 62
Cracks 62
Spiders 62
Mosaics 62
Nummules and Pseudoinfiltrates 64
Corneal Erosions 66
Bizarre Epithelial Defects, Branched Defects, Pseudoherpetic Defects 71
Bubble Formation and Pseudokeratitis Bullosa 75
Stromal Changes 75
Edema 75
Tight Lens Syndrome 78
Toxic Keratopathy 80
Mixed Solution Syndrome 88
Corneal Deprivation Syndrome 90
Post-Heat Syndrome 92
Vascularization 92
Infection 99
Clouding and Scars 105
Changes of Descemet's Membrane and the Endothelium 109
Changes of Descemet's Membrane 109
Endothelial Changes 109
Topographic Changes 109
Contour Changes 110
Pachymetric Changes 114
Inner Eye 116
Iritis, Uveitis, Panophthalmitis 116
Cataract 117
Intraocular Hypertension, Glaucoma 117
Retinal Diseases and Detachment 117

4 Visual Impairment 119

Visual Impairment 120
Causes of Visual Impairment 121
Changes in Refraction 121
Faulty Lens Handling and Insertion, Lens Loss 121
Permanent Visual Impairment 121
Primary Ocular Diseases Masked by Contact Lenses 121
Material Defects and Defective Lenses 123
Intermittent Visual Impairment 123
Fitting Errors 123
Orthokeratological Side Effects 125
Spectacle-Blur Phenomenon and Corneal Distortion Syndrome 125
Wetting Problems 125
Glare 127
Causes of Glare 127
Diagnostic Evaluation of Visual Impairment and Glare 128

5 Causes of Contact Lens Damage 129

Handling, Hygiene, Wearing Times 130
The Patient's Hands 130
The Lens Case 130
Wearing Times 132
Fitting Errors 132

6 Alterations of Contact Lenses 137

Wetting Problems 138
Material Defects 139
Discoloration and Fading 145
Deposits 147
Components of Tear Fluid 151
Jelly Bumps 151

7 Primary Fitting and Wearing Problems 159

Systemic Disease 160
Febrile Illnesses, Immune Compromise, Medication Use 160
Allergy 160
Primary Ocular Disease 161
Lid Diseases 161
Conjunctival Diseases 165
Corneal Diseases 171
Tear Deficiency, Disorders of Lacrimation, Dry Eye 171
Pathophysiology 171
Clinical Course 173
Clinical Testing 183
Other Eye Diseases 184

8 Eye Injuries in Contact Lens Wearers 185

Types of Ocular Trauma 186
Trauma Involving Foreign Bodies 186
Perforated Globe 186
Ocular Contusion 186
Chemical Injury 187
Consequences for Contact Lens Wearers 188

9 Frequency of Contact Lens Complications 189

Analysis of Contact Lens Complications 190

10 Treatment of Contact Lens Complications 193

General Aspects 194
General Treatment Procedures 195
Special Treatment Procedures 196
Lid Diseases 196
Blepharospasm 196
Ptosis 196
Lid Edema 196
Squamous Blepharitis 196
Lid Trauma 196
Conjunctival Diseases 197
Giant Papillary Conjunctivitis 197
Conjunctival Chemosis 197

Conjunctival Hemorrhage 197
Conjunctival Trauma 197
Nonspecific Conjunctival Hyperemia 198
Bacterial Conjunctivitis 198
Viral Conjunctivitis 198
Fungal Conjunctivitis 198
Scleral Diseases 198
Corneal Diseases 198
Corneal Edema 198
Corneal Erosion 198
Bullous Keratopathy 199
Tight Lens Syndrome 199
Toxic Keratopathy 199
Corneal Deprivation Syndrome 199
Post-Heat Syndrome 199
Keratitis, Corneal Infiltrates, Corneal Ulcers 199
Corneal Vascularization 200
Corneal Scars 200
Corneal Deformation 200
Folds in Descemet's Membrane, Endothelial Changes 200
Intraocular Findings 200
Glaucoma 200
Dry Eye, Tear Deficiency Syndrome 201
Accidents, Mechanical Trauma, Chemical Trauma 202

References 203

Index to Text 209

Index to Illustrations 212